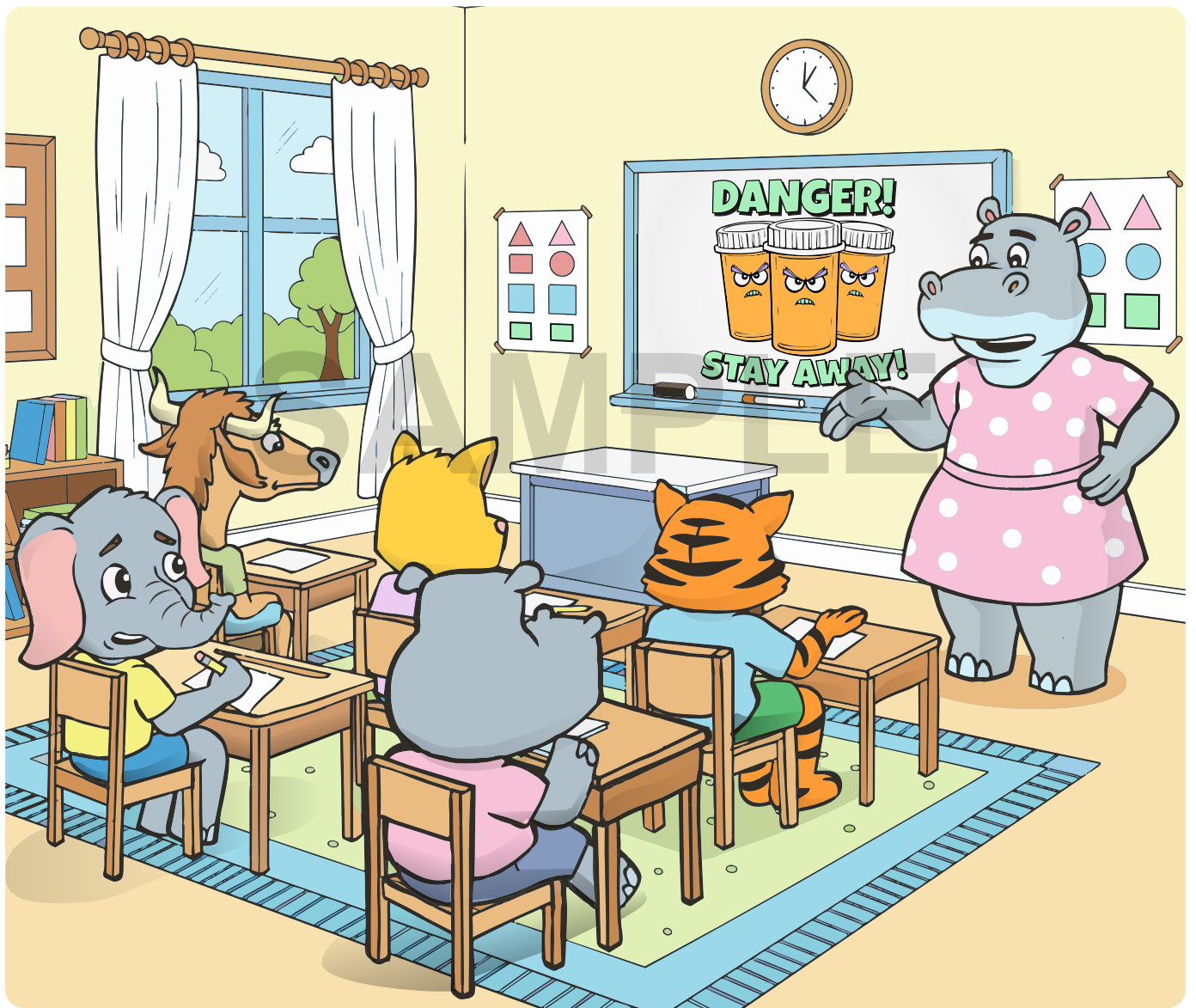


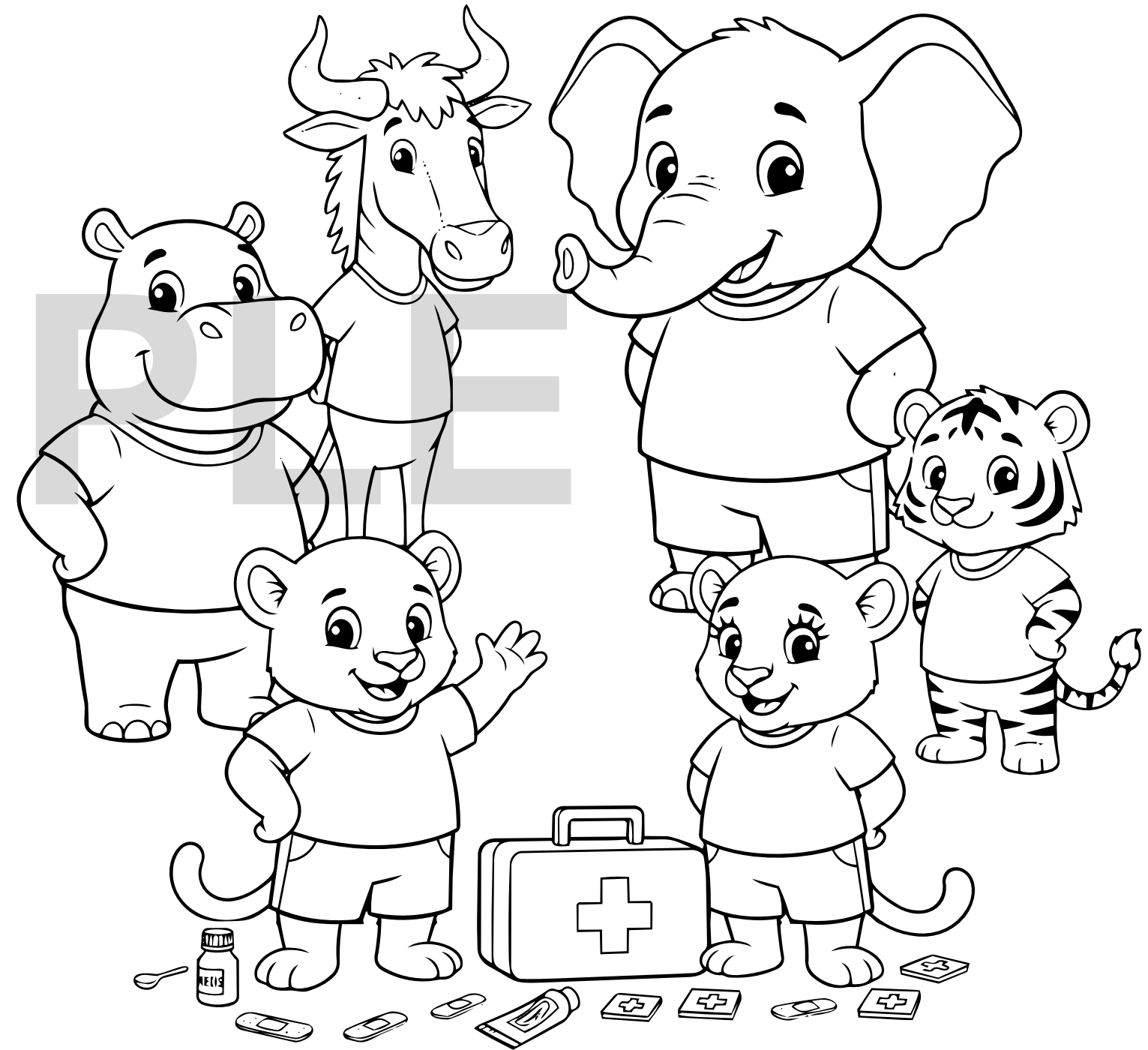
# STAYING SAFE AROUND MEDICINE

How to Avoid Dangerous Pills, Medicines, and Drugs



**Medicine and pills are for helping our bodies stay healthy, but they can also be dangerous if they are used the wrong way. There are some pills like opioids and fentanyl that can make you very sick.**

SAMPLE



**Let's learn how to stay safe around pills and medicine!**

**You might need to take medicine if you're sick. Only your parent or guardian, or a doctor can tell you if you need medicine.**



**The place where your parents get the medicine is called a pharmacy.**

**Medicine that comes from anywhere else is very dangerous. We call it "mystery medicine" because if it's not from a pharmacy we don't know what's in it.**

**DANGER!**



**STAY AWAY!**

**Never take "mystery medicine" it's not safe!**

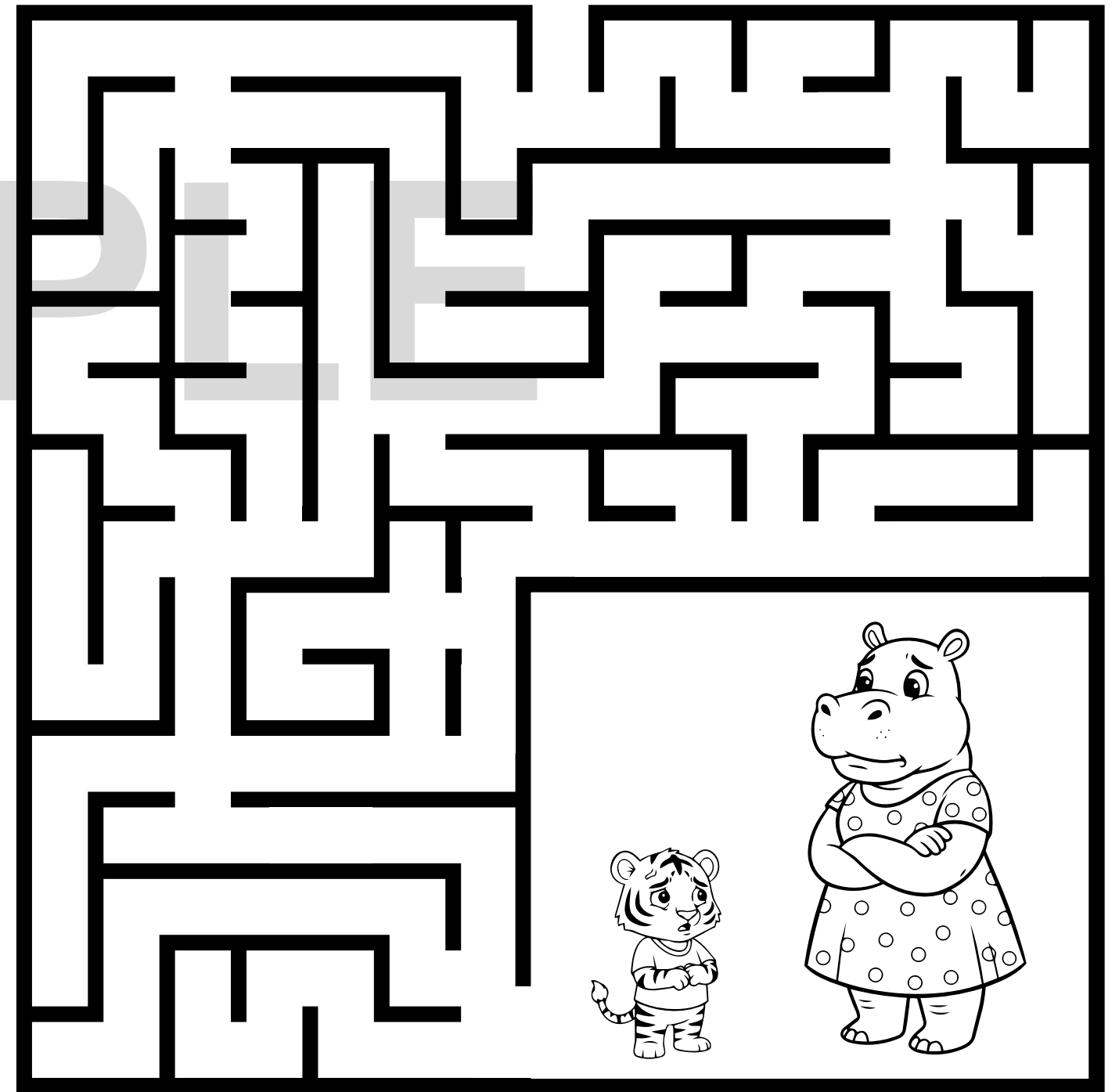
**Only take medicine when it's given by a trusted adult.  
Medicine needs to be measured carefully - too much  
can make you very sick.**



**If a kid or a stranger tries to give you medicine - don't  
take it, go tell an adult right away. It is very dangerous  
and might make you sick.**



**Help Teddy get away from  
danger and tell his teacher by  
getting through this maze!**



**Our parents keep the medicine in a medicine cabinet.  
This is an Adults Only Zone, kids are not allowed!**



**Medicine is not for sharing! Pills that are made to help  
one person might hurt someone else.**

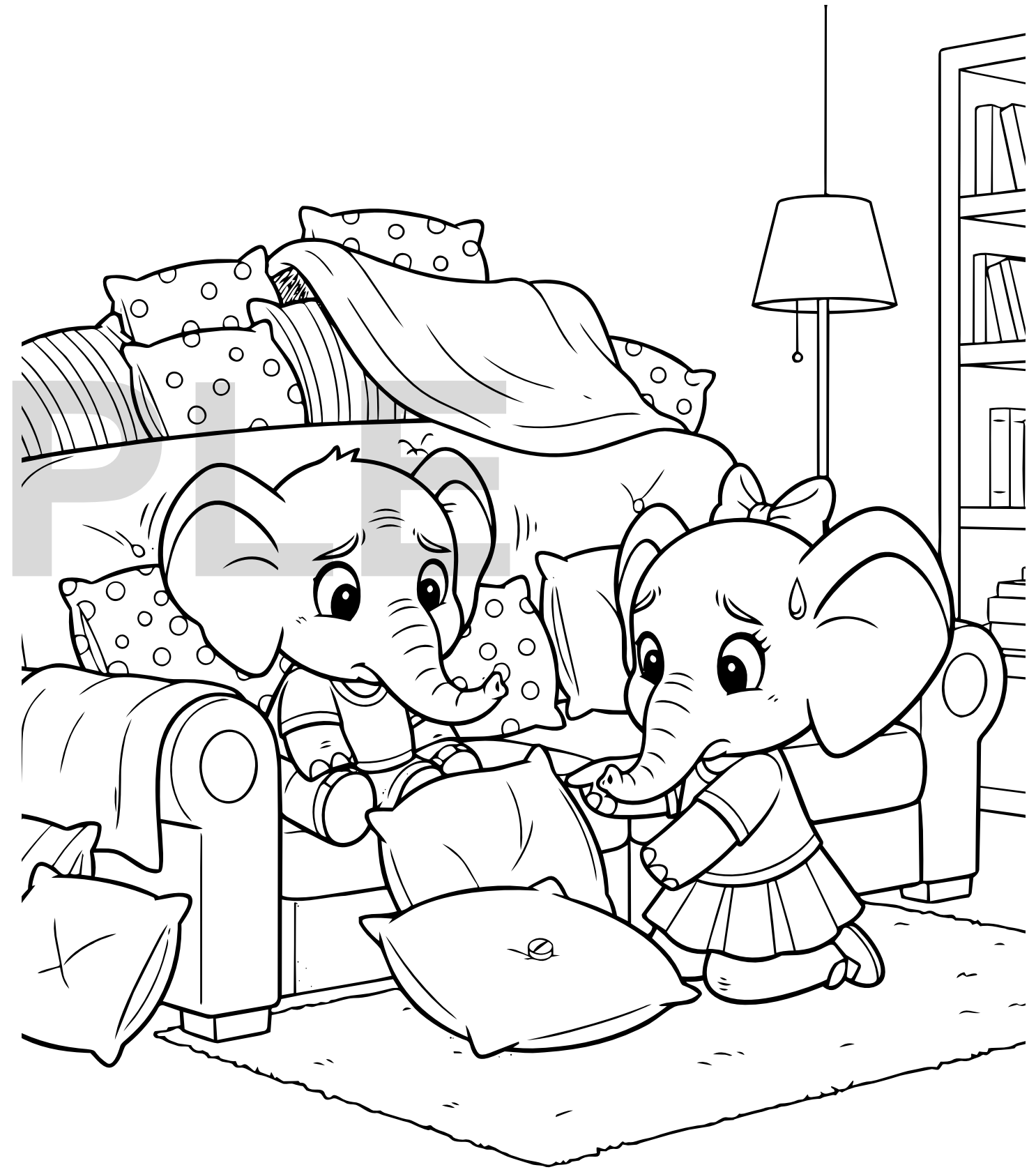


**Never take medicine that is meant for someone else.**

**If you find a pill or pill bottle outside in the park or at school, don't touch it. Tell a grown up right away.**



**You should use the same rule at home, never touch or eat a pill if you find one. Tell a grown up right away.**



**Some medicines look like treats, but they aren't. Just because it looks sweet doesn't mean it's candy! Always ask first. Can you find the medicine in this picture? Cross it out when you do!**

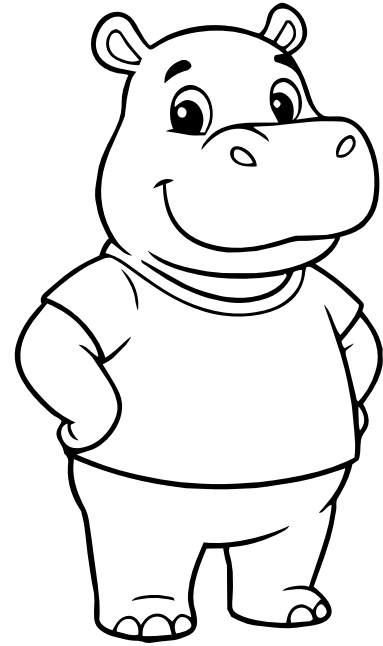


**If you or someone you know takes medicine they are not supposed to, tell a grown up right away. You won't be in trouble! They will need help from a doctor as soon as possible, so don't keep it a secret!**



**They might need to go to the hospital. Doctors, nurses, and ambulance workers are there to help!**

**Let's remember what we learned today!**

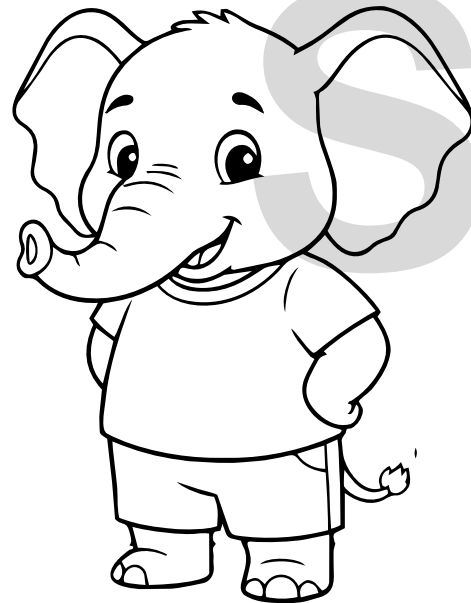


**NEVER take medicine that is meant for someone else!**

**ALWAYS follow the instructions when you take medicine!**

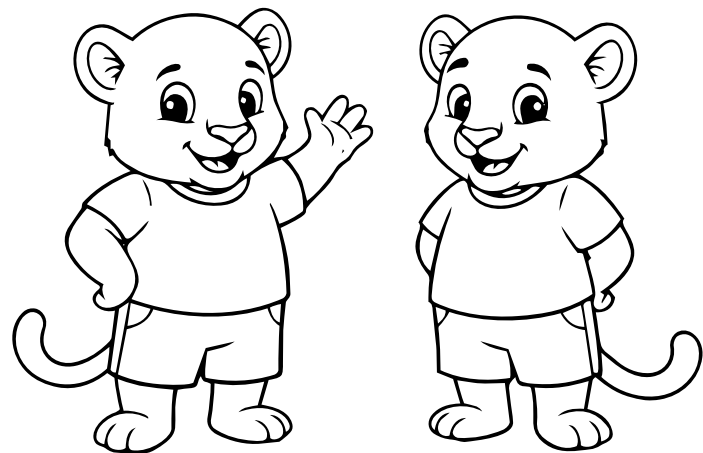


**ONLY take medicine when it is given by a parent or a trusted adult.**



**NEVER take medicine by yourself or if it's given by a stranger or a kid!**

SAMPLE



**If you find medicine on the ground, DON'T touch it! Tell an adult right away!**

**Thanks for learning about medicine with us!**

## A Note for Parents, Teachers, and Community Leaders

Thank you for sharing this book with the children in your life. Medicine safety is an important topic, and starting the conversation early can help keep kids safe.

### Key Talking Points

After reading, ask children to share what they remember. Here are some helpful prompts:

- “What should you do if you find a pill on the ground?”
- “Who are the trusted adults you can tell if something feels wrong?”
- “What makes medicine dangerous if used the wrong way?”

### Discussion Tips

- Reassure children that they will never be in trouble for telling an adult about medicine or pills – even if they accidentally took something.
- Encourage them to name 2-3 trusted adults they can go to in an emergency.
- Remind them that even medicine that looks like candy or tastes sweet can be very dangerous.

**If you have an emergency, call 911 immediately.**

If you suspect a child has taken something, call Poison Control:

**1-800-222-1222.**

Poison Control is free, confidential, and available  
24 hours a day, 7 days a week.